

### Theme 1: Paralympic values

### Unit 1: The Paralympic Movement



#### Independent, pair or team evaluation quiz

| No | Question   | Answer  |
|----|--|---|
| 1  | Who began the Paralympic Movement?<br>A. Sir Philip Craven<br>B. Sir Ludwig Guttmann<br>C. Andrew Parsons                | B. Sir Ludwig Guttmann  |
| 2  | What was the first competition for wheelchair competitors?<br>A. Boccia<br>B. Archery<br>C. Wheelchair basketball        | B. Archery  |
| 3  | When and where were the first Paralympic Games held?<br>A. Rome, 1960<br>B. Rome, 1964<br>C. Tokyo, 1960                 | A. Rome, 1960   |
| 4  | Lisa Bunschoten is a Paralympian. What does it mean to be a Paralympian?   | Participated in Paralympic Games.   |
| 5  | Ryley Batt plays wheelchair rugby. List 3 other Para sports that a Para athlete could participate in using a wheelchair. | Wheelchair basketball, wheelchair rugby, wheelchair fencing, wheelchair tennis, Para athletics, wheelchair curling. |

| No | Question  | Answer   |
|----|---|--|
| 6  | <p>What does the term 'Para' mean in the word 'Paralympic'?</p> <p><b>A.</b> the same as</p> <p><b>B.</b> different to</p> <p><b>C.</b> parallel to</p>       | <b>C.</b> parallel to  |
| 7  | <p>Watcharaphon Vongsa plays boccia for Thailand. How many sport classes are there in his sport?</p> <p><b>A.</b> 5</p> <p><b>B.</b> 4</p> <p><b>C.</b> 3</p> | <b>B.</b> 4  |
| 8  | <p>What are Para sports?</p>  | <p>Recreational and competitive sports, recognised by the International Paralympic Committee, that are played, performed and contested by athletes with an impairment.</p> |
| 9  | <p>What is the motto of the Paralympic Movement?</p>  | <p>Spirit in motion.</p>   |