

Theme 1: Paralympic values

Unit 1: The Paralympic Movement



Independent, pair or team evaluation quiz

No	Question	Answer
1	Who began the Paralympic Movement? A. Sir Philip Craven B. Sir Ludwig Guttman C. Andrew Parsons	B. Sir Ludwig Guttman
2	What was the first competition for wheelchair competitors? A. Boccia B. Archery C. Wheelchair basketball	B. Archery
3	When and where were the first Paralympic Games held? A. Rome, 1960 B. Rome, 1964 C. Tokyo, 1960	A. Rome, 1960
4	Lisa Bunschoten is a Paralympian. What does it mean to be a Paralympian?	Participated in Paralympic Games.
5	Ryley Batt plays wheelchair rugby. List 3 other Para sports that a Para athlete could participate in using a wheelchair.	Wheelchair basketball, wheelchair rugby, wheelchair fencing, wheelchair tennis, Para athletics, wheelchair curling.

No	Question	Answer
6	<p>What does the term 'Para' mean in the word 'Paralympic'?</p> <p>A. the same as</p> <p>B. different to</p> <p>C. parallel to</p>	C. parallel to
7	<p>Watcharaphon Vongsa plays boccia for Thailand. How many sport classes are there in his sport?</p> <p>A. 5</p> <p>B. 4</p> <p>C. 3</p>	B. 4
8	What are Para sports?	Recreational and competitive sports, recognised by the International Paralympic Committee, that are played, performed and contested by athletes with an impairment.
9	What is the motto of the Paralympic Movement?	Spirit in motion.