

THE PARALYMPIC GAMES. WHAT ARE THEY?

LEARN. ENGAGE. INCLUDE.

Learning Objective: To become aware about why and how the paralympic movement has evolved.



INTERNATIONAL PARALYMPIC COMMITTEE

ACTIVITY 1A

What are the Paralympic Games? - Part 1

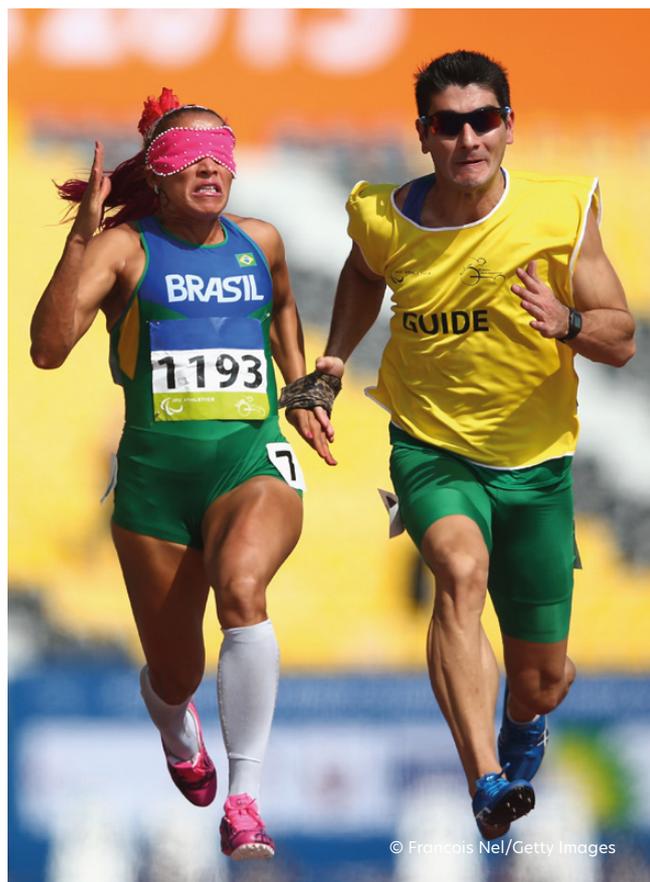
MATERIALS:



Projector, presentation screen,
PowerPoint presentation.

INSTRUCTIONS:

- Present the PowerPoint presentation **'The Paralympic Games: Then and now'**. Take time to discuss each of the slides and question your learners regularly to ensure understanding.
- Use the pictures to spark conversations about your learners' perceptions, opinions and attitudes towards Para athletes and other people with a disability.
- You may wish to split the presentation, using it during two or three lessons.



© Francois Nel/Getty Images

ACTIVITY 1B

What are the Paralympic Games? - Part 2

INSTRUCTIONS:

- Learners can work individually, in pairs or in a group to complete the six challenges.
- Once the challenges have been completed, learners should come together, in pairs or small groups to reveal and discuss their answers.
- Give learners time to ask any questions or make any comments about what they have learnt about the Paralympic Games.

MATERIALS:

-  Copies of learner worksheet: 'What do you know about the Paralympic Games?', pencils/pens and crayons.

DISCUSSION QUESTIONS

- Ask learners to describe at least one new thing they have learnt about the Paralympic Games.
- Based on the PowerPoint presentation, ask learners to think about words that describe the athletes they have seen and talked about.



ACTIVITY 2A

Prior Knowledge Time Machine - Part 1

MATERIALS:



'Prior Knowledge Time Machine' (plastic or cardboard box), small pieces of paper, pens/pencils, and a large piece of paper or a wall.



INSTRUCTIONS:

- Before the lesson the teacher should have prepared a box with a sign saying **'Prior Knowledge Time Machine'** and small pieces of paper.
- At the beginning of the lesson, ask learners to write down what they already know about the Paralympic Games or Paralympic Movement on small pieces of paper. Encourage learners to write on as many pieces of paper as they like. All answers will be placed into the **'Prior Knowledge Time Machine'**.
- Once all learners have placed their answers in the time machine, the teacher should mix the answers up and select some learners to read out the answers to the rest of the class.
- After each answer is read, stick it to the wall or a large piece of paper for all learners to see.

ACTIVITY 2B

Prior Knowledge Time Machine - Part 2

MATERIALS:



Projector, presentation screen, PowerPoint presentation, copies of learner worksheet: **'What do you know about the Paralympic Games?'**, small pieces of paper and pens/pencils.



INSTRUCTIONS:

- Teachers should present the PowerPoint presentation **'The Paralympic Games: Past and present'** using the information and pictures to discuss the development of the Paralympic Games and the extraordinary achievements of Para athletes.
- Next, divide learners into groups. Learners will work together in a group to complete the quiz worksheet.
- Once the quiz is completed, all groups will come together and discuss their answers. After the discussion give learners time to reflect on the content.
- Ask them to write on small pieces of paper any further new information about the Paralympic Games or Paralympic Movement they wish to add to the **'Prior Knowledge Time Machine'** display.



DISCUSSION QUESTIONS

- Ask each learner to describe at least one new thing they learned about the Paralympic Games.
- Ask them to think about the attitudes and attributes Para athletes need to be able to take part in sport at a high performance level.

EXTENSION ACTIVITY

FOR MORE INFORMATION:

- ▶ Show the five-minute video clip, **'All about ability'**
<https://www.youtube.com/watch?v=6RMOSDynkw8>
featured on the IPC website.

The video expresses the IPC's vision that the performances and incredible stories of athletes

teach the values of acceptance and admiration for people with a disability to make for an inclusive world through Para sport. Discuss its content and its messages about Para athletes and Para sport.

📖 HOMEWORK TASK

Create a quiz or crossword that features information that you have learned about the Paralympic Games. Give it to others to try and complete.

